



BASKETBALL CAMP 2017

Southpointe Academy

Tsawwassen, BC



Our goal is for students to learn to play and enjoy the game of basketball. For players with experience, the camp will teach how to become a more effective player and student athlete. Beyond the expected skill development, teaching the fundamentals, and strength and conditioning, this camp takes on a holistic approach: ranging from developing mental toughness to video analysis and yoga. All skill levels are welcome and encouraged to attend.

When: July 10th – 14th, 2017
Grades 4-7: 9:30am-12:00pm
Grades 8-12: 12:30pm-3:00pm

Cost: \$165 *Includes Camp T-shirt and basketball

Where: Southpointe Academy, The Jackson Carson Gymnasium

Coaches: Coach Paul Wu has been coaching Grade 6 through Grade 12 basketball for a total of 6 years. Mr. Wu is a nationally certified Learn to Train coach, and has taken courses in both the Train to Train, and Train to Compete, National Certification Programs. Coach Rob McCall has coached both girls and boys basketball teams ranging from Grade 5 to the senior high school level. He has coached U13 teams to 4 national Independent School Tournament Championships and has co-coached Sr. Boys teams that have qualified for AA & AAA Provincial Tournaments. With level 2 NCCP Certification and close to 30 years of coaching experience, Mr. McCall brings a wealth of knowledge and expertise to Southpointe's summer camp.

Registration Form

Child's Name: _____ Age: _____ Entering Grade: _____ Sex: M F

Mailing Address: _____

City: _____ Province: _____ Postal Code: _____

Home Phone: () _____ Cell Phone: () _____

Parent(s)/Guardian(s): _____ Email: _____

Emergency Contact Name: _____ Emergency Phone: () _____

Medical Alert Information: _____

Parent/Guardian Signature _____ Date _____

T-Shirt Size: Youth S M L Adult S M L XL



VOLLEYBALL CAMP 2017

Southpointe Academy

Tsawwassen, BC



Beginner/Intermediate Session (Gr.4-7): Offers a great introduction to the basic skills, techniques and team play concepts of volleyball, for both students who are new to the game and those looking to improve their skills. Through the use of Volleyball Canada's Atomic Volleyball (ages 9-11) and Triple Ball programs, our camp will foster learning, promote success, and increase enjoyment in a fun and welcoming environment.

High Performance Session (Gr.8-12): The afternoon session will be geared towards dedicated and experienced athletes looking to improve their existing skills over the summer, in preparation for playing on a high school team. Through the use of Volleyball Canada's Long Term Development model, players will learn to consolidate their skills and improve overall consistency.

When: July 4th – 7th 2017

Beginner/Intermediate Session: Students entering Gr.4-7 (9:30am – 12:00pm)

High Performance Session: Students entering Gr.8-12 (12:30pm – 3:00pm)

Where: Southpointe Academy,
The Jackson Carson Gymnasium

Cost: \$135 (includes camp t-shirt and ball)

Coaches: Coach Fiona Donnelly has completed her level one National Coaching Certification Program and has been playing both competitive indoor volleyball and beach doubles for a total of 8 years. An athlete from out East, Fiona played in the 2009 Ontario Summer Games and was named to the 2010 Canadian team by the Calgary-based volleyball prospects. Coach Michaela Staller is a nationally trained Competition Development coach and has also received training at the Art of Coaching Camps. Michaela played 5 years of club volleyball for the reputable Focus Volleyball Club in Surrey, winning Nationals one year, and placing third another. With experience coaching both girls and boys volleyball, Michaela brings a great deal of knowledge and passion for volleyball to the camp.

Registration Form

Child's Name: _____ Age: _____ Entering Grade: _____ Sex: M F

Mailing Address: _____

City: _____ Province: _____ Postal Code: _____

Home Phone: () _____ Cell Phone: () _____

Parent(s)/Guardian(s): _____ Email: _____

Emergency Contact Name: _____ Emergency Phone: () _____

Medical Alert Information: _____

Parent/Guardian Signature _____ Date _____

T-Shirt Size: Youth S M L Adult S M L XL